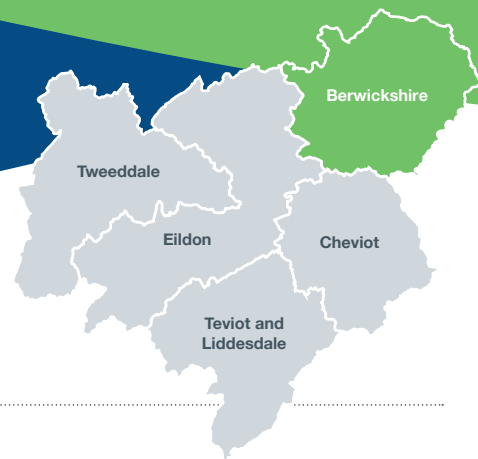


SUMMARY ACTION PLAN for consultation

BERWICKSHIRE



ACTION PLAN

Devised in line with strategic plan together with national outcomes and local objectives.

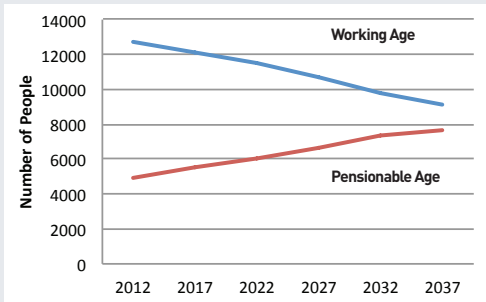
PRIORITIES FOR BERWICKSHIRE	ACTION PLAN
Increase the range of care and support options across the locality to enable people to remain in their own homes and communities	<ul style="list-style-type: none"> • Establish “What Matters” hubs across Berwickshire • Redesign equipment service and satellite stores • Support care providers to develop services designed for the Berwickshire locality • Support further development of “healthy living networks” across the locality • Support the ongoing development of community capacity building initiatives • Support future developments within Eyemouth Medical Practice
Improve the availability and accessibility of services for people living in rural areas and towns across Berwickshire	<ul style="list-style-type: none"> • Develop two Integrated teams between Health, Social Care and Third sector • Work with the transport hub to improve access to transport across Berwickshire • Establish “What Matters” hubs across the Berwickshire locality
Increase the availability of locally based rehabilitation services	<ul style="list-style-type: none"> • Scope out current gaps in service provision across Berwickshire and look to address these • Increase access to Allied Health Professionals from the community • Link with the Third sector around their model of rehabilitation • Link with Day services review • Support Live Borders to design programmes with rehabilitation incorporated within them across Berwickshire • Support development of Transitional care beds within Berwickshire
Increase the range of housing options available across the locality	<ul style="list-style-type: none"> • Work with Registered social landlords to develop alternative accommodation across all areas of the locality • Support the development of extra care housing in Berwickshire

This is a summary plan for Berwickshire.

To view the full Health and Social Care plan for Berwickshire please visit [here](#)

THE BERWICKSHIRE AREA - AREA PROFILE

PROJECTED POPULATION 2012-2037 FOR BERWICKSHIRE



57.2% increase in pensionable age

28.1% decrease in working age

POPULATION

20,657 population*
(19% of the Scottish Borders)

15.1% aged 0-15
(Scottish Borders = 16.7%)

60.4% aged 16-64
(Scottish Borders = 60.2%)

24.5% aged 65+
(Scottish Borders = 23.1%)

9.9% provide unpaid care

*(est 2014)



AREA

45.3% live in an area of less than 500 people
(Scottish Borders = 27.4%)

85% live in rural areas
30% Remote rural
55% Accessible rural

Settlements with more than 500 people:

TOWN	POPULATION
Eyemouth	3,540
Duns	2,722
Coldstream	1,867
Chirnside	1,426
Greenlaw	629
Ayton	573
Coldingham	549

HEALTH OF THE LOCALITY

LIFE EXPECTANCY RANGE

78.3 to 83 yrs men
(Scottish Borders = 78.1)

81.5 to 87.5 yrs women
(Scottish Borders = 82)

Higher rate of new cancer diagnosis
(compared to Scottish Borders)

Lower rate of early cancer deaths
(compared to Scottish Borders and Scotland)

A&E ATTENDANCE

47.5% non-emergencies could be cared for within Locality of which **75+ age group** represent the highest proportion
(last year 43.5%)

52.5% emergencies require hospital care
(last year 56.5%)

7.67 rate of Over 75 Falls per 1,000
(Scottish Borders = 5.62)

LONG TERM CONDITIONS

1,107 on Diabetes Register
6.23% of GP Register over 15 yrs

183 on Dementia Register
3.55% of GP Register over 65 yrs



NEIGHBOURHOOD AND COMMUNITY INFLUENCES ON HEALTH

20.5% report public transport as an accessibility issue

People in Berwickshire place a **higher priority** on:

providing **sustainable transport links** including **demand responsive transport**

HOUSEHOLD PROFILE aged 65+

26.8% Berwickshire
(Scottish Borders = 25.4%)
(Scotland = 20.7%)

7.9% feel lonely or isolated
(Scottish Borders = 6.1%)

12 culture and sport facilities operated by the public sector
(Scottish Borders = 69)



SAFETY

9.92 rate of road and home safety incidents per 1,000
(Scottish Borders = 7.65)

0.81 rate of fires in homes per 1,000
(Scottish Borders = 0.74)

8.1% say there are areas where they feel unsafe
(Scottish Borders = 12.5%)

PROPOSED HOUSING DEVELOPMENTS

AFFORDABLE HOUSING		EXTRA CARE HOUSING	
2017-2018	26 units	-	-
2018-2019	73 units	-	-
2019-2020	59 units	30 units	-

